



The Central Connection

*A newsletter of Central
Christian Church Nocona, TX*

October 19, 2020



Pastor's Ponderings

This Week at CCC

**All Groups have been suspended
due to community Covid-19
increases.**

**Wednesday, October 21st
7pm – Bible Study via Zoom**

**Sunday, October 25th
11am – Worship - Please watch
your email/Facebook for an
announcement about worship
this week.**

**Monday, October 26th
Pastor Lory out of town (dr appt)**

Yesterday afternoon as I perused Facebook, a clergy friend asked the question: What is ONE thing you are doing today to ensure success this coming week?

My first response was: practicing breathing deeply. I thought it sounded corny so I came up with some other answers, but then I realized that breathing deeply really is a way to set the direction of my week. So, I kept on breathing. Slowly. Intentionally. Deeply. Taking time to feel the air come in. Noticing how my diaphragm and lungs expanded. Exhaling fully.

Lately we have focused a lot on breathing related to Covid-19. But as Christians, the focus on breath goes a lot further. We read in Genesis 2 that God “breathed life into” Adam. Breath equates life for us – both physically and spiritually.

So let me ask you: when was the last time you really breathed deeply? When did you just sit and allow your lungs to expand fully? When did you last let Spirit fill your being with life? If it's been a while, I encourage you to take some time today to relax, be still and breathe deeply.

Pastor Lory



WE NEED CANDY – LOTS OF CANDY!!!

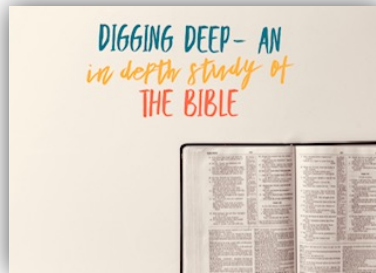
We are putting together candy treat bags for our teachers since this six weeks ends on October 30th.

Please drop off bags of candy at the church office before October 28th. We still need lots of candy!!

Thank you for serving our city and blessing NISD!

Our Sunday School type Bible study has moved to Wednesday nights. If you've ever wondered about the background of the Bible or why there are two creation stories, why Kings and Chronicles seem to repeat themselves, or why there are four gospels with slightly different materials, our new study is for you!

Join us Wednesdays at 7pm



beginning October 21st on Zoom. Let Pastor Lory know you want to participate and she'll send you the link.



Sunday, Oct 11:

Zoom: 13
FB Live: 97
(as of Monday morning)

Prayer Concerns

Tammy Brockman, Nancy Atkison, Kendra McCracken, Sarah Grow, Logan Barnes, Kolton Bell, Angela Hagemier, WR Tucker, Tom Parish, Madison Wardell, Roger Russell, Laquita Hewitt, June Moss, National unrest, Karen Billet, Kristi Hopf, , Michael Hewitt, Charlotte Reagan, Ronnie Davis, Russell Keumpel, Mark Murphey, Karla Murphey, Carol Fitts, those with Covid-19 in our community, Abby's daughter Jana, Phil Staley, Angel Walker, Mesler's DIL Melissa, Tom Horn, Families of Melody Turbo and Jane Benton

Worship This Week



Scripture:
Deuteronomy 6:4-9

Sermon:
With All Your Mind and Strength

Rev. Lory Hunt
Minister

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Church Office Hours:
Mon-Thurs 8:30am - 12pm