

CENTRAL CONNECTION

Upcoming Events

March 29

10am - Cherry Street Chapel

April 2 - Palm Sunday

10am - Sunday School

11am - Worship

UPCOMING

April 3-7

Holy Week Lunches

Tuesday, April 4 @ Central

April 7

6pm - Good Friday Service

@ Central

April 9 - Easter Sunday

7am Sunrise Service @

Lierly's

11am - Worship @ Central

Don't forget to check out our website or Facebook page to find worship services, newsletters and more!



This coming Sunday is Palm Sunday...can you believe it??? This Lenten season has flown by so quickly and it seems like - at least for me - I've almost missed it altogether. Between classwork, my mother's health situation and the rest of life, it's been a blur of a couple of months!

And so, for these last two weeks of Lent, I want to challenge myself (and you) to intentionally slow down just a bit. I know, I know. Easier said than done! But what if we all just took a few more deep breaths each morning? What if we were simply more intentional about how we start our day or end our day? What if we take just five minutes during the day to be still?

Slowing down doesn't have to be an all or nothing thing. It doesn't mean we have to run off into the desert and live with the monks. Slowing down is as much about our mindset as it is our bodily pace during the day. And if you're like me - the mind is much harder to slow down than the body! Lent is, in part, about paying attention and being mindful. And slowing down is the first step.

Pastor Lory

PRAYER CONCERNS

Our Nation and World, Tammy Brockman, Nancy Atkison, Madison Wardell, Charlotte Reagan, Brylie, Bob Miller, CASA Kids, Laura Hunt, Tony Barker, Rios Family, Vivian Contareas, Sharon Brown, Raymond Gelo, Dieter Stratemann, Wes Morton, Crystal Shelton, Shirley Miller, Jerry Don Maness, Vicki Jones, Ken Backus, Debbie Major, Reese Handley, Christy Hoff, Casey Parr, Chris Tettleton, Angel Dyer, Chad Brown, Mary Walker, Patty Johnson, Charlotte Reed, those with respiratory illness, Lynn Scott, Kal Luke, Joe Kalal, Jimmie Sue Foster, Raenell Nunneley, Stacey Dyer, Vickie Baker, John Darst, Connie O'Neal, Tina Ortiz Giger, Jamie Dunnam, Morgan Heck, Ben Robertson, Mary Lou Davis, James Carminati, Connor Evans, Patty Dunn, Jana Bremerkamp, Family of Pat Ritterhouse, Carol Roden, Carol Fitts, Jerry Henderson, Joe Benton

Worship This Week:

Elders: Kabisch, Veale
 Deacons: Mesler, Seay
 Communion: Major

Sermon Text: Matthew 21:1-11
 Sun School: Philippians 2:5-11

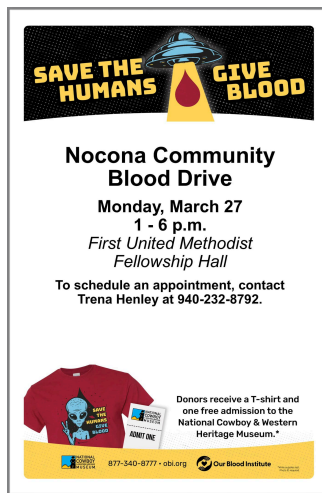
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Lenten Practice Ideas

Stations of the Cross

Stations of the Cross is an ancient way of following the journey Jesus took in the final moments of his life. It begins with his being condemned to death and ends with his being laid in the tomb with some 14 stops along the way. There are multiple versions available with various prayers and responses. You can google it and find tons of resources about its history as well as lots of formats. I find praying the stations (participating in the service) is helpful for me to take in the whole story and really reflect on what Christ did for me. Here is a link to a short eight minute online version of the stations you can watch this week.

<https://www.youtube.com/watch?v=mVM0Mn0AgHw>



SAVE THE HUMANS GIVE BLOOD

Nocona Community Blood Drive
 Monday, March 27
 1 - 6 p.m.
 First United Methodist Fellowship Hall

To schedule an appointment, contact Trena Henley at 940-232-8792.

Donors receive a T-shirt and one free admission to the National Cowboy & Western Heritage Museum.

877-340-8777 - cbi.org Our Blood Institute

TODAY!
FUMC
1-6pm

The grass is growing!
 It's time to start cutting the lawn again. A sign up sheet for church lawn care is on the stand by the foyer.

